

Everest Base Camp Trek

Category: Everest Trekking | Duration: 15 Days / 14 Nights



Package Detail

The Everest Base Camp Trek is one of the most popular treks in Nepal, and perhaps represents the quintessential Himalayan trekking experience. Welcoming thousands of trekkers each year hoping to catch a glimpse of one of the world's most famous mountains, the Everest Base Camp trek is known for its spectacular mountain views, culminating at Everest Base Camp (5360 meters) and locations where you can gaze at the tallest mountain in the world. Along with this, you have the opportunity to experience the Sherpa culture, the unique indigenous people who make this region of Nepal their home. Opportunities to sightsee in Sagarmatha National Park, a world heritage site, and a refuge for musk deer, snow leopard, Himalayan tahr, black bear and many spectacular types of iridescent pheasant, walk through suspension bridges spanning chasms of thin air, also are available where one can see a variety of Himalayan flora and visit the

highest Buddhist monasteries in the world.

- Kala Patthar, the best viewpoint of Mt. Everest, Khumbu Glacier, and Khumbu Icefall.
- The remarkable vistas of biggest glacier in Nepal: Khumbu glacier.

The 15-day Everest Base Camp Trek is designed for trekkers who are in good health, who are physically fit, and who are looking for a challenge. It is possible to do this trek anytime of the year, but the best times are from the beginning of March to mid-May and from the beginning of September to mid-November. April and early May are also an ideal time to see the rhododendrons in bloom, adding spectacular color to the landscape.

Package Itinerary

Day 1 - Arrival in Kathmandu, Nepal / Transfer to hotel

On your first day in Nepal, you will be welcomed and picked up directly from the airport by our staff and transported to your hotel where you will receive refreshments.

Day 2 - Full day of sightseeing visiting Kathmandu's most famous sites

Nepal is rich in culture and art and has many distinctive monuments. On this day, a guided tour of the Kathmandu valley will give you an glimpse into Nepali culture including visits to famed historic and religious sites such as Swayambhunath Temple (Buddhist), Pashupatinath Temple (Hindu), Bouddhanath, and Kathmandu's famed Durbar Square.

Day 3 - Fly to Lukla (2800 m) / trek to Phakding and stay in teahouse

Today we fly to Lukla, the main starting point for trekking to Everest Base Camp. From Lukla, we begin trekking and reach the village of Phakding, a small village located in the Khumba region of Nepal and located along the Dudh Koshi River. Phakding is also a main shopping area on the way to Mount Everest.

Day 4 - Trek from Phakding (2610m) to Namche Bazaar (3500m) and stay at teahouse

After trekking to Namche Bazaar, we stay in a teahouse lodge and enjoy this mountain region.

Day 5 - Acclimatization day at Namche Bazaar (3500m) and stay at teahouse

Namche Bazaar is the gateway of the Himalayas, and is very popular among trekkers, and also has many hotels (teahouses) and good Internet access. We will spend a day here adjusting to the altitude.

Day 6 - Trek from Namche Bazaar to Tengboche (3850 m) and stay at teahouse

Today we trek to Tengboche, a location famous for its spectacular views and unique building structures. It is also the site of an important Buddhist monastery and is also known as the home of the Sherpas.

Day 7 - Trek Tengboche to Dingboche (4350m) and stay at teahouse

From Tengboche, we journey to Dingboche which is also very popular among trekkers. Dingboche is noted for its manystone walls and with homes being built from stones of different sizes from the entire valley.

Day 8 - Exploration day trip to Chhukung valley and stay at teahouse

Chhukung valley is located in the Khumbu region and is south of Mount Everest, and again caters to

trekkers and climbers. Nearby are outstanding views of Makalu, the Lhostse Face, and other high mountains.

Day 9 - Trek from Dingboche to Lobuche (4950 m) and stay at teahouse

Today, we trek to Lobuche which is located below Lobuche Peak and just a few kilometers away from Mount Everest.

Day 10 - Trek from Lobuche to Ghorak Shep (5140 m) / visit Everest Base Camp and stay at teahouse

Ghorak Shep is a small village surrounded by sand. This is the last stop and opportunity for acclimatization prior to reaching Everest Base Camp. We will then visit Everest Base Camp enjoying the invigorating mountain atmosphere.

Day 11 - Visit Kalapatthar (5545 m) / Mt. Everest view / trek to Pangboche (3985 m) and stay at tea house

We will travel to Kalaphattar, a prime location to view Mount Everest. Afterwards, we will continue on to Pangboche which is located in the Solukhumbu District and in the Imja Khole valley. This village whose inhabitants are primarily Sherpas also contains a monastery.

Day 12 - Trek from Pangboche to Namche Bazaar (3500 m) and stay at teahouse

Having visited Mount Everest Base Camp and viewed Mount Everest, we will return from Pangboche to Namche Bazar, reliving the excitement of visiting Everest base Camp.

Day 13 - Trek from Namche Bazaar to Lukla and stay at teahouse

After breakfast, we will trek back to Lukla. By now, one should be familiar with the Nepali mountain culture.

Day 14 - Depart early in the morning flying back from Lukla to Kathmandu / stay in hotel

This is departure day for us. Early in the morning, we will arrive at the airport and fly back to Kathmandu. After being transported to our hotel, refreshments will be provided.

Day 15 - Free day in Kathmandu / final program before departure

This free day allows you to enjoy Kathmandu on your own. We will have a special final program together before your final departure.

Package Includes

- Airport pick up and drop upon arrival and departure
- One day sightseeing tour in Kathmandu valley
- In trekking- B/F, Lunch and Dinner -3 meals per day and overnight accommodation at tea house lodge.
- Transportation- to/from trek starting & ending point
- Sagarmatha National Park permit, and trekking TIMS fee.
- Trained trekking guide and porter, necessary insurance, and accommodation meals allowance and salary
- 3- Nights hotel in Kathmandu on BB Basis
- Ktm - Lukla - Ktm by domestic fly and all overland transport private bus/car/van

- Comprehensive first aid box for the trekking.

Package Excludes

- Extra day hotel stay in Kathmandu
- Foods self lunch & dinner in Kathmandu
- Personal expenses-laundry, telephone, alcoholic beverages, bottled drinks (cold drinks and mineral/hot water)
- Tips for guide & porter.
- Personal travel insurance and emergency evacuation cost.
- Extra cost for if in case trek effected by natural calamities
- Personal trekking equipments for the trek.

Good to Know

04 to 06 people in a group, there will be 10% discount in total cost. 07 to 09 people in a group, there will be 15% discount in total cost. 10 to 19 people in a group, there will be 15% discount in total cost and 1 group leader free of cost. 20 & above people in a group, there will be special discount in total cost and + + member free of cost. Winter Special Offer: If you travel in winter time (Dec / Jan / Feb), there will be 10% discount in total cost. Summer Special Offer: If you travel in summer time (June / July / August), there will be 10% discount in total cost. Early Booking Special Offer: If you Book a Trip before 6 months from the trip departure, there will be 10% discount in total cost.

Cancellation

- # Once the payment is done, cancellation can only be applied 1 week prior of arrival.
 - # After Cancellation 10% will be deducted on total booking charge.
 - # 10% deduction on booking charge will not be applicable if the destination is changed.
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